



Touch Someone's Life Charter

The Community Council of Draethen Waterloo Rudry Community Council has committed to the Touch Someone's Life Charter

Every year over 6,000 people in Wales will have a cardiac arrest in the community and many will die without some simple and easy interventions. Around 80% of community cardiac arrests in Wales occur in peoples' homes and can happen to anyone at any time. Many who experience a cardiac arrest often appear healthy with no known risk factors. One Voice Wales and Save a Life Cymru's vision is:

"...to increase the number of people who survive a cardiac arrest in the community in Wales".

Our ambition is to create cultural change across Wales so that everyone understands the urgent need to help anyone experiencing a cardiac arrest, as well as having the skills and confidence to start CPR and use a defibrillator.

The One Voice Wales and Save a Life Cymru have established a Joint Task Group to work together to encourage communities across Wales to understand:

- the importance of learning CPR (Cardiopulmonary Resuscitation)
- using a defibrillator
- ensuring the right number of well-maintained defibrillators are available in every community.

Working with the Task Group, we are asking communities and each one of the 735 Community and Town Councils of Wales to support this vision and to sign up and commit to the following:

- **Watching and sharing our training video on: <https://gov.wales/save-a-life-cymru>**
- **Establishing a Community Champion role for CPR and defibrillators in your community**
- **Holding Cardiopulmonary Resuscitation (CPR) and defibrillator training sessions during the year.**
- **Purchasing and installing a Public Access Defibrillator or a number of defibrillators depending on the size of your community – one defib might not be sufficient for some communities.**
- **Creating regular public announcements for your community on CPR training opportunities.**

Signed on behalf of Draethen Waterloo Rudry Community Council

Signed

Chair

A handwritten signature in black ink, appearing to read 'S. Parks-Jones'.

Date: 6th June 2021

CLlr Sarah Parks-Jones