

Telephone: 07935 784 079 to book your place

## Draethen Waterloo Rudry Community Council Defibrillator Seminar

## 28th September 7pm Rudry Parish Hall

We have invited Community Heartbeat Trust to demonstrate the use of defibrillators, explaining how the equipment works and its benefits to the community in saving precious minutes in the treatment of sudden cardiac arrest.

The more people that know how to use the portable defibrillators installed in our community, the more chance there is of saving the life of a victim of **Sudden Cardiac Arrest** 

Everybody is welcome, and no special skills are required, just your willingness to play an important role in the event of a medical emergency.

Numbers are limited therefore, priority must be given to those who have not undertaken this training before.

GDPR Compliance Statement 1 24th April 2018

Community Heartbeat Trust Charity (CHT) and Community Heartbeat Trust Solutions Ltd (CHTS)

By contacting us or asking us to contact you, you are agreeing for us to hold your details on our systems so we are able to support you and contact you in respect to any enquiries; in an emergency; for other purposes relating to the defibrillator; or for research purposes.

Details of individuals (including local WebNos contact) may be transmitted to the local Ambulance Service for their command and dispatch computer system. These details will only be accessible to the Ambulance Service, or other Statutory Agency where required. In case of defibrillator activation it is necessary for the Ambulance Service to report such instances, make contact with the local caretaker, and ensure that equipment is made fully operational after use. If delivery details have been passed to a supplier, or courier company they will be required to delete your data after delivery unless needed for repeat deliveries. You have a right to request viewing any information that we hold on you. All data will be held for historical purposes for a minimum of 20 years. CHT is registered with the Information Commissioners Office (ICO) for holding of this



# Defibrillator Awareness



### Cardiac Arrest Response Seminar

There is no legal requirement to have defibrillator training in the UK, but it does form part of the First Aid at Work requirements from 2017. The UK Resuscitation Council guidelines indicate that community defibrillators (AEDs) should be able to be used by members of the public with or without any formal training.

This is because the equipment is very easy to be used, and when you have called 999, the ambulance service operator will normally stay on the telephone to assist you. The modern AED equipment is also designed to talk to you, or show you, and tell you what to do. You cannot make a mistake when using an AED - just follow the instructions being given. However training is desirable, particularly to create confidence in the community, learn CPR, and to understand the processes, as well as managing best practice, and reducing potential for liability. Training in correct CPR technique is also invaluable and essential.

CHT works with the ambulance service to provide community awareness sessions, or can offer an inclusive full training programme if required through its training partners. Annual retraining is advised on formally trained people.

The CHT community awareness 'CARS' programme is unique and has been recognised as being ideal for a community to create awareness of the issues surrounding treating a patient in the community. It is not a formal classroom course, but designed to answer questions, give basic instruction, be interactive and create confidence.

### EACH 2 HOUR SESSION COVERS:



How to dial 999 :what to expect questions you will be asked



How to do CPR and why, Practical Demonstration How to use your AED Recovery position/turning a patient Handover to the Paramedics Governance and support programmes



The first awareness session for a community is normally built in to your delivery when the community uses the CHT full cPAD programme. Additional sessions may incur a small charge. Full first aid training sessions are chargeable and can be arranged through CHT. By June 2018 over 90,000 have attended these sessions.

All training records are done via the WebNos™ Governance system. Attendance Certificates can be made available by signing in at your local session.

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## More information is available via our the charity website below. www.communityheartbeat.org.uk



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Awareness Session Leaflet V2.00